

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
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2
 9:00 Exercise—Jeff (MC)
 10:00 Hymn Sing (MC)
 1:00 Thai Chi (MC)

3
 9:00 Exercise—Jeff (MC)
 10:00 Chair Exercise (MC)
 11:00 Crossword Club (AC)
 1:00 Mahjong (CR)
 2:00 Dominoes (BB)
 2:00 Exercise—Jeff (MC)
 3:00 Choir Informational Meeting (AC)

4
 9:30 Donut Social (BB)
 10:00 Rosary (AC)
 10:15 Group Exercise w/ Alicia (BB)
 1:00 Bingo (AC)
 3:15 Group Exercise w/ Alicia AL+ (BB)

5
 10:00 Chair Exercise (MC)
 10:00 Men’s Club (KP)
12:30 Shopping Shuttle
 1:00 Bean Bags (AC)
 2:00 500 Club (CR)
 2:00 Water Arthritis Class (WC)
 6:30 Theater Night: The Impossible (CGT)

6
Medical Shuttle
 9:00 Exercise—Jeff (MC)
 10:30 Bunco (BB)
 12:45 Snack Table (AC)
 1:00 Bingo (AC)
 2:00 Book Club (AC)
 2:00 Mother’s Day Celebration (BB)
 3:15 Group Exercise w/ Alicia (AC)



7
Medical Shuttle
 9:30 Wii Bowling (CR)
 10:00 Chair Exercise (MC)
 1:00 Exercise—Jeff (MC)
 1:00 Cribbage Club (BB)
 2:15 Bible Study (AC)
 3:30 Happy Hour (AC)

8
 9:00 Exercise—Jeff (MC)
 10:00 Sing Along (MC)
 11:00 Thai Chi (MC)
 1:30 Ice Cream Social (BB)
 2:30 Skip-Bo (BB)

9
 9:00 Exercise—Jeff (MC)
 10:00 Hymn Sing (MC)
 1:00 Thai Chi (MC)



10
 9:00 Exercise—Jeff (MC)
 10:00 Chair Exercise (MC)
 11:00 Crossword Club (AC)
 1:00 Mahjong (CR)
 2:00 Dominoes (BB)
 2:00 Exercise—Jeff (MC)
 3:00 Group Sing Along (AC)

KEY:
 MC: My Channel (TV CH. 1_2)
 KP: Kingsley Place Lobby
 CR - Card Room
 AC - Activity Center
 CGT - Theater
 BB—Birchwood Bay
 WP: Wellness Center
Underline = Pre-register at Activity Office (LG)

11
 9:30 Donut Social (BB)
 10:00 Rosary (AC)
 10:15 Group Exercise w/ Alicia (BB)
 1:00 Bingo (AC)
 2:15 TED Talk Tuesday
 3:15 Group Exercise w/ Alicia AL+ (BB)



12
 10:00 Chair Exercise (MC)
 10:00 Men’s Club (KP)
12:30 Shopping Shuttle
 1:00 Bean Bags (AC)
 2:00 500 Club (CR)
 2:00 Water Arthritis Class (WC)
 6:30 Theater Night: Full Court (CGT)

13
Medical Shuttle
 9:00 Exercise—Jeff (MC)
 10:30 Bunco (AC)
 11:00 Homemade Soap Craft (AC)
 12:45 Snack Table (AC)
 1:00 Bingo (AC)
 3:15 Group Exercise w/ Alicia (AC)



14
Medical Shuttle
 10:00 Chair Exercise (MC)
 11:00 Who Wants to be a Millionaire Trivia (AC)
 1:00 Exercise—Jeff (MC)
 1:00 Cribbage Club (BB)
 2:15 Bible Study (AC)
 3:30 Happy Hour (AC)

15
 9:00 Exercise—Jeff (MC)
 10:00 Sing Along (MC)
 11:00 Thai Chi (MC)
 1:30 Ice Cream Social (BB)
 2:30 Skip-Bo (BB)

May 2021

Silver Advantage Letter of the Month is: “T” for Teamwork

**All activities are subject to change*

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
16 9:00 Exercise—Jeff (MC) 10:00 Hymn Sing (MC) 1:00 Thai Chi (MC)	17 9:00 Exercise—Jeff (MC) 10:00 Chair Exercise (MC) 11:00 Crossword Club (AC) 1:00 Mahjong (CR) 2:00 Spinner Dominoes (BB)	18 9:30 Donut Social (BB) 10:00 Rosary (AC) 10:15 Group Exercise w/ Alicia (BB) 1:00 Townhall Meeting (AC) 2:00 Bingo (AC) 3:15 Group Exercise w/ Alicia AL+ (BB) 	19 10:00 Chair Exercise (MC) 10:00 Men's Club (KP) <u>12:30 Shopping Shuttle</u> 1:00 Bean Bags (AC) 2:00 500 Club (CR) 2:00 Water Arthritis Class (WC) 6:30 Theater Night: Notes From My Son (CGT)	20 <u>Medical Shuttle</u> 9:00 Exercise—Jeff (MC) 10:30 Bunco (AC) 11:00 Worship w/ Pastor Andy (AC & MC) 12:45 Snack Table (AC) 1:00 Bingo (AC) 3:15 Group Exercise w/ Alicia (AC)	21 <u>Medical Shuttle</u> 9:30 Wii Bowling (CR) 10:00 Chair Exercise (MC) 1:00 Exercise—Jeff (MC) 1:00 Cribbage Club (BB) 2:15 Bible Study (AC) 3:30 Happy Hour (AC)	22 9:00 Exercise—Jeff (MC) 10:00 Sing Along (MC) 11:00 Thai Chi (MC) 1:30 Ice Cream Social (BB) 2:30 Skip-Bo (BB)
23 9:00 Exercise—Jeff (MC) 10:00 Hymn Sing (MC) 1:00 Thai Chi (MC)	24 9:00 Exercise—Jeff (MC) 10:00 Chair Exercise (MC) 11:00 Crossword Club (AC) 1:00 Mahjong (CR) 2:00 Dominoes (BB) 2:00 Exercise—Jeff (MC) 3:00 Group Sing Along (AC)	25 9:30 Donut Social (BB) 10:00 Rosary (AC) 10:15 Group Exercise w/ Alicia (BB) 1:00 Bingo (AC) 2:15 TED Talk Tuesday 3:15 Group Exercise w/ Alicia AL+ (BB)	26 10:00 Chair Exercise (MC) 10:00 Men's Club (KP) <u>11:00 Jeff Brueske Performance (AC)</u> <u>12:30 Shopping Shuttle</u> 1:00 Bean Bags (AC) 2:00 500 Club (CR) 2:00 Water Arthritis Class (WC) 6:30 Theater Night: Faith, Hope, Love (CGT)	27 <u>Medical Shuttle</u> 9:00 Exercise—Jeff (MC) 10:30 Bunco (AC) 11:00 Keepsake Wood Plaques Craft w/ Anika (AC) 12:45 Snack Table (AC) 1:00 Bingo (AC) 3:15 Group Exercise w/ Alicia (AC)	28 <u>Medical Shuttle</u> 10:00 Chair Exercise (MC) 11:00 Who Wants to be a Millionaire Trivia (AC) 1:00 Exercise—Jeff (MC) 1:00 Cribbage Club (BB) 2:15 Bible Study (AC) 3:30 Happy Hour May Birthday (AC) 	29 9:00 Exercise—Jeff (MC) 10:00 Sing Along (MC) 11:00 Thai Chi (MC) 1:30 Ice Cream Social (BB) 2:30 Skip-Bo (BB)
30 9:00 Exercise—Jeff (MC) 10:00 Hymn Sing (MC) 1:00 Thai Chi (MC)	31 9:00 Exercise—Jeff (MC) 10:00 Chair Exercise (MC) 11:00 Crossword Club (AC) 1:00 Mahjong (CR) 2:00 Spinner Dominoes (BB)		KEY: MC: My Channel (TV CH. 1_2) KP: Kingsley Place Lobby CR - Card Room AC - Activity Center CGT - Theater BB—Birchwood Bay WP: Wellness Center <u>Underline</u> = Pre-register at Activity Office (LG)	Silver Advantage Letter of the Month is: “T” is for Teamwork	May 2021  KINGSLEY SHORES & PLACE <small>A SILVERCREST SENIOR COMMUNITY</small> <i>* All activities are subject to change</i>	